

HEALTH QUESTIONNAIRE - MINOR PARTICIPANTS (U18) -

Health questionnaire relating to the state of health of the minor participant (U18) registering for a sports competition authorised by a delegated federation or organised by an approved federation, excluding disciplines with particular constraints.

<u>Warning intended for parents or the person having parental authority:</u> It is preferable that this questionnaire be completed by your child (or minor participant), it is up to you to estimate at what age he is able to do so. It is your responsibility to ensure that the questionnaire is correctly completed and to follow the instructions based on the answers given.

Playing sports is recommended for everyone.

Have you talked to a doctor about it? Have you gone through a medical check-up recently? Please bear in mind that this health questionnaire is not a medical check-up, there are no right or wrong answers in the questionnaire below. You can look at your health record and ask your parents for help.

You are: - a female - a male Your age:.....years old

In the last 12 months have you:	YES	NO
Been hospitalised for a whole day or for several days?		
Undergone surgery?		
Grown much taller in comparison to other years?		
Lost or gained much weight?		
Found yourself with your head spinning while playing sports?		
Passed out without or fell without remembering what happened?		
Received one or more violent shocks that forced you to interrupt a session while playing sports?		•
Experienced trouble breathing while playing sports?		
Experienced trouble breathing after playing sports?		

In the last 12 months have you:	YES	NO
Experienced pain in your chest (i.e., heart beating very quickly)?	-	
Started taking a new medicine on daily basis? If so, how long is your treatment?		
Stopped playing sports because of a health problem for a duration exceeding 30 days?		

In the last two weeks (14 days) have you:	YES	NO
Felt overly tired?		
Experienced trouble falling asleep or found yourself waking up often in the middle of the night?	-	
Felt less hungry or found yourself eating less than usual?	-	
Felt sad or worried?		
Cried more often?		
Felt pain or a lack of strength from an injury you sustained in the last 12 months?		

As of today:	YES	NO
Do you sometimes think of quitting playing sports or changing sports?		•
Do you think you need to see your doctor to continue playing sports?	-	
Would you like to point out something about your health?		

Questions for your parents to fill in:	YES	NO
Has anyone in your immediate family suffered from a severe heart or brain disease, or died suddenly before the age of 50?	•	
Are you worried about your child's weight? Is he eating too much or not enough?		
Did you miss the health check that was scheduled for your child's age with the doctor? (This medical examination is scheduled for ages 2, 3, 4, 5, 8-9, 11-13 and between 15 and 16 years old.)		

If you answered YES to one of more questions:
You must see a doctor to investigate which sport is right for you. At the time of the visit, give the doctor this completed questionnaire.

I am informed that I must send a medical certificate of less than 6 months attesting of the absence of any contraindication to the practice of golf (in and out of competition).



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I, the undersigned
In my capacity as legal representative of
Date
Signature :